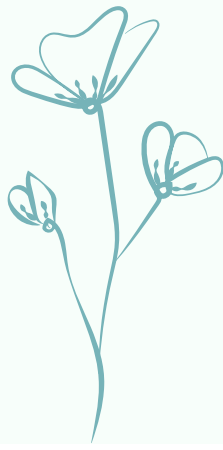




ripple postpartum care

MISSION STATEMENT AND CORE VALUES



This mission statement and these core values are a living document which will evolve and change as I grow and learn. These values were influenced by and modeled after the work of Love over Fear Wellness, Birthing Advocacy Doula Training as well as the ongoing education I engage in

Mission Statement

Ripple Postpartum strives to provide compassionate, personalized care for all birthers during their postpartum window. I believe that every birthing person is worthy and deserving of care and that this care should be personalized and accessible. I view care work as essential labor and I believe that by valuing care, we can value people. I acknowledge that this care, as well as my living, playing and breathing is taking place on the stolen land of the Niitsítapi, Salish, and Cayuse, Umatilla and Walla-Walla (native-land.ca).

Core Values



I acknowledge that I am not the best fit for everyone, and I strive to hold myself accountable by being mindful that the clients I take on fit in with these value statements; and that I will aim to help everyone seeking care find the provider they are best suited for.



I acknowledge that gender is a construct, and that there are more than two genders. I believe that everyone is entitled to express their sexuality in the way that suits them best, and I also acknowledge that in this society, that is a privilege not afforded to everyone. When you are being cared for by me, you will be afforded dignity and respect.

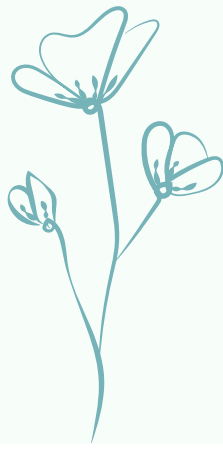


I am moving through this world with a certain amount of privilege due to the color of my skin and my financial situation and I acknowledge that. I aim to use my privilege to call out systemic injustice where I see it and I strive to use my privilege to aid in creating an anti-racist, gender neutral, wealth equal, earth worshipping future for those yet to come.



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MISSION STATEMENT AND CORE VALUES



Core Values Cont'd



Care work is work. I acknowledge that our capitalist society could not function without the unpaid labor done mostly by BIPOC women. I believe that by valuing this work, we value the people doing the work and thereby begin to break the cycle of colonialist capitalism that we currently live under.



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